

# Transition

## Resources

### Internet

#### General Transition

[www.ncset.org](http://www.ncset.org)

The National Center on Secondary Education and Transition (NCSET) coordinates national resources, offers technical assistance, and disseminates information related to secondary education and transition for youths with disabilities to create opportunities for them to realize successful futures.

[www.ncd.gov](http://www.ncd.gov)

The National Council on Disability has just released a report, "The Rehabilitation Act: Outcomes for Transition-Age Youth," which provides a comprehensive assessment of the impact of the Rehabilitation Act on the employment and postsecondary education outcomes of eligible transition-age youths. The document is available on the home page of the council's Web site.

[www.nichcy.org/EducateChildren/transition\\_adulthood](http://www.nichcy.org/EducateChildren/transition_adulthood)

The National Information Center for Children and Youth with Disabilities offers valuable resources on transition for the use of parents, students with disabilities, and the professionals who serve them. The site also features resources geared to specific disabilities.

[www.nsttac.org](http://www.nsttac.org)

The National Secondary Transition Technical Assistance Center, while assisting state education agencies in improving their transition efforts, also disseminates information to state

personnel, practitioners, researchers, parents, and students regarding effective transition education and services that improve postschool outcomes.

At the same Web site, see also [www.nsttac.org/pdf/transition\\_guide/nsttac\\_tag.pdf](http://www.nsttac.org/pdf/transition_guide/nsttac_tag.pdf), a useful and easily understandable transition assessment guide that provides assessment strategies, examples of formal and informal assessments, and more.

[www.projectteams.org/links.php](http://www.projectteams.org/links.php)

The Project Teams Web site offers a tremendous array of resources addressing transition, employment, advocacy, mentoring, and self-determination. Particularly useful are its *Take Charge for the Future* materials, which include teacher's and student's guides and a goal-planning sheet.

[www.sbastacareerconnections.net](http://www.sbastacareerconnections.net)

Shasta Twenty-first Century Career Connections engages students, parents, educators, business and labor leaders, and youth-serving organizations in enhancing the academic and career readiness for all youths. This Web site is packed with excellent resources, particularly for self-advocacy. See especially "Tips for Success for Youth" and the site's career interest inventories.

[www.pacer.org/tatra/index.asp](http://www.pacer.org/tatra/index.asp)

Pacer's TATRA (Technical Assistance on Transition and the Rehabilitation Act) project offers outstanding resources on transition, including articles, links, information on legislation and parent

training projects, workshops, and more.

<http://transitioncoalition.org/>

The Transition Coalition provides online information, support, and professional development on topics related to the transition from school to adult life of youths with disabilities. The site offers training, descriptions of models of successful transition programs, publications, and resources.

#### Assistive Technology

[www.atnet.org](http://www.atnet.org)

The California AT (Assistive Technology) Network works to expand the use of tools, resources, and technology that help increase independence, improve personal productivity, and enhance the quality of life for all Californians.

#### College

[www.beath.gwu.edu](http://www.beath.gwu.edu)

The HEATH Resource Center offers resources for individuals with disabilities who are interested in attending college: information about educational disability support services, policies, procedures, adaptations, and strategies for accessing college or university campuses, career-technical schools, and other postsecondary training entities. The center also offers information about financial and other supports to help students transition into postsecondary education.

[www.finaid.org/otheraid/disabled.phtml](http://www.finaid.org/otheraid/disabled.phtml)

FinAid! provides information about college scholarships and fellowships for students with disabilities.

## Transition Degree

### Distance Education Opportunity

George Washington University offers a transition certificate for special educators and related professionals through the school's Graduate Transition Special Education Certificate Distance Education Program. For more information, contact Dr. Michael Ward at [mjward@gwu.edu](mailto:mjward@gwu.edu) or go to <http://gsebd.gwu.edu/Transition+Special+Education+Certificate>.

[www.transitiontocollege.net](http://www.transitiontocollege.net)

The Postsecondary Education Research Center (PERC) project provides information and resources on college options for students with intellectual disabilities. "Tips for Parents to Help Students with Intellectual Disabilities Think About College" (at [www.transitiontocollege.net/percpubs/parent\\_tips\\_reformatted.pdf](http://www.transitiontocollege.net/percpubs/parent_tips_reformatted.pdf)) is a particularly helpful document available at this site.

[www.thinkcollege.net](http://www.thinkcollege.net)

The Think College! Web site provides information, resources, a discussion board, and listserv for youths with intellectual disabilities who would like to go to college.

[www.cleinc.net/home.aspx](http://www.cleinc.net/home.aspx)

College Living Experience (CLE) is a comprehensive program for young adults with such disabilities as Asperger's syndrome, attention deficit disorder, developmental delays, or learning disabilities. CLE offers these individuals the opportunity to pursue higher education and transition into independent adulthood.

### Employment and Careers

[www.californiacareers.info](http://www.californiacareers.info)

The mission of the California Career Resource Network is to provide all persons in California with career development information and resources to enable them to reach their career goals.

[www.dor.ca.gov](http://www.dor.ca.gov)

The California Department of Rehabilitation works in partnership with consumers and other stakeholders to provide services and advocacy that result in employment, independent living, and equality for individuals with disabilities. See especially [www.dor.ca.gov/eps/ticket.htm](http://www.dor.ca.gov/eps/ticket.htm) for the Ticket to Work Program.

[www.dcdt.org](http://www.dcdt.org)

The Division on Career Development and Transition (DCDT) promotes efforts to improve the quality of and access to career/vocational and transition services for persons with disabilities. The DCDT also strives to increase the participation of schools in career development and influence policies affecting career development and transition services.

[www.jan.wvu.edu](http://www.jan.wvu.edu)

The Job Accommodation Network (JAN) is a free consulting service designed to increase the employability of people with disabilities by providing solutions for individualized worksite accommodations and technical assistance on disability-related legislation. JAN also works to educate individuals on their self-employment options.

[www.ncwd-youth.info](http://www.ncwd-youth.info)

National Collaborative on Workforce and Disability for Youth (NCWD/Youth) makes connections between youths with disabilities and employment. The site also features an extensive database of promising practices in workforce development.

[www.transcen.org/about.html](http://www.transcen.org/about.html)

TransCen, Inc., is a nonprofit organization that develops projects in the areas of school-to-work transition, educational systems change, professional development for educators, and employment for people with disabilities.

[www.cde.ca.gov/sp/se/sr/wrkabltly1.asp](http://www.cde.ca.gov/sp/se/sr/wrkabltly1.asp)

California's WorkAbility I promotes the involvement of key stakeholders—including students, families, ed-

ucators, employers, and relevant agencies—in planning and implementing an array of services that culminates in successful student transition to employment, lifelong learning, and quality adult life. WorkAbility's Web site provides details of these services and describes ways to access them.

### Health and Transition

[www.brtw.org](http://www.brtw.org)

The Healthy and Ready to Work initiative promotes a comprehensive system of family-centered, culturally competent, community-based care for children with special health care needs who are approaching adulthood and may need assistance in making the transition from pediatric to adult health care and to postsecondary education and/or employment.

### Self-Determination

[www.self-determination.com](http://www.self-determination.com)

The Center for Self-Determination, a world-wide organization, offers information and resources on the topics of self-determination and employment for individuals with disabilities.

## Disability Benefits

[www.disabilitybenefits101.org](http://www.disabilitybenefits101.org)

Disability Benefits 101 (DB101) helps workers and job seekers with disabilities, as well as service providers, understand the connections between work and benefits. DB101 focuses on the linkages and interactions among health coverage, benefits, and employment programs used by individuals with disabilities. On its "Benefits to Work" page, DB101 also features a comprehensive explanation of the advantages of working, along with numerous employment resources and several benefits-planning calculators that help people with disabilities determine their optimal work-benefits strategy.

## Free Books and Articles to Download

### Assessment

**Career Planning Begins with Assessment: A Guide for Professionals Serving Youth with Educational and Career Development Challenges**

A resource for educators and policy-makers that offers information on appropriate assessments, including legal and ethical considerations, program collaboration, and much more: [www.ncwd-youthb.info/resources\\_&\\_Publications/assessment.html](http://www.ncwd-youthb.info/resources_&_Publications/assessment.html)

**It's My Life: Postsecondary Education and Training—A Resource Guide for Child Welfare Professionals**

A guide for child welfare professionals to help young people from foster care prepare academically, financially, and emotionally for postsecondary education and training success: [www.casey.org/Resources/Publications/IMLPostsecondaryEd.htm](http://www.casey.org/Resources/Publications/IMLPostsecondaryEd.htm)

### College

**Postsecondary Options for Students with Intellectual Disabilities**

An overview of postsecondary education options, research findings on options and outcomes, and recommendations for improving access to postsecondary education for young adults with intellectual disabilities: [www.communityinclusion.org/article.php?article\\_id=178](http://www.communityinclusion.org/article.php?article_id=178)

**Selecting A College for Students with Learning Disabilities or Attention Deficit Hyperactivity Disorder**  
Practical advice on planning for and finding the right college for students with LD or AD/HD: [www.ldonline.org/article/11772](http://www.ldonline.org/article/11772)

**Transition of Students With Disabilities to Postsecondary Education: A Guide for High School Educators**

Answers to questions that high school students with disabilities may have as they get ready to move to the postsec-

ondary education environment (created by the U.S. Department of Education's Office for Civil Rights): [www.ed.gov/about/offices/list/ocr/transitionguide.html](http://www.ed.gov/about/offices/list/ocr/transitionguide.html)

### IEPs and Self-Determination

**Road Map to Success**

Clear strategies for using the IEP as a vehicle for helping all students secure a future that realizes their full potential: [www.beachcenter.org/Books/FullPublications/PDF/RoadMapToSuccess.pdf](http://www.beachcenter.org/Books/FullPublications/PDF/RoadMapToSuccess.pdf)

**School to What? Helping Students Lead the Way**

Strategies for including students in the planning, design, and discussion stages of developing school systems that offer school-to-work opportunities: <http://ici.umn.edu/allstwl/spring99.pdf>

**Self-Determination: Supporting Successful Transition**

An exploration of the importance of including students in the IEP and other processes that plan for their future; includes a review of several curricula developed to address the need for self-determination skills among adolescents: [www.taalliance.org/institutes/2008/transitionmaterials/ncsetrb\\_sd.pdf](http://www.taalliance.org/institutes/2008/transitionmaterials/ncsetrb_sd.pdf)

**Student-Led IEPs: A Guide for Student Involvement**

A guide that provides educators with selected strategies for involving students in developing their own IEPs and participating in their IEP meetings: [http://cec-live.2rad.net/bk/catalog2/student-led\\_ieps.pdf](http://cec-live.2rad.net/bk/catalog2/student-led_ieps.pdf)

### Inclusion

**School to What? Information on Including All Learners in School-to-Work Resumé Writing: Sharing Your Life Story**

A practical guide that shows how to use resumé writing in the classroom as a vehicle for building student success: <http://ici.umn.edu/allstwl/winter00.pdf>

### Parents

**Parenting Post-secondary Students with Disabilities: Becoming the Mentor, Advocate, and Guide Your Young Adult Needs**

Approaches to effective parent involvement in secondary education and transition: [http://sharedwork.org/documents/NCSETParent\\_Mar02.pdf](http://sharedwork.org/documents/NCSETParent_Mar02.pdf)

### Career/Technical Education

**CTE's Role in Secondary-Postsecondary Transitions**

An exploration of the role that career technical education programs play in aiding students' successful transition from secondary to postsecondary education: [www.aucd.org/docs/Transitions.pdf](http://www.aucd.org/docs/Transitions.pdf)

### Toolkits and Workbooks

**The National Standards and Quality Indicators: Transition Toolkit for Systems Improvement**

Research-grounded strategies and approaches to supporting effective schooling, career preparation, youth development and leadership, family involvement, and connecting activities, all geared to promoting successful transition: [www.nasetalliance.org/toolkit](http://www.nasetalliance.org/toolkit)

**Moving On—Transition to Adult Services: Workbook for Parents**

A friendly and comprehensive guide for parents, designed to help them understand and navigate the process of transition for their children with disabilities: [www.warmlinfrfc.org/documents/TransitionWorkbookforParents2008\\_000.pdf](http://www.warmlinfrfc.org/documents/TransitionWorkbookforParents2008_000.pdf)

**Transition to Adult Living: An Information and Resource Guide**

The California Department of Education's comprehensive guide to transition for parents, teachers, and students; offers legal and practical direction and resources for all stages of the transition process: [www.calstat.org/transitionGuide.html](http://www.calstat.org/transitionGuide.html)

## The Resources in Special Education Library (RiSE)

RiSE lends materials to California residents; borrowers only pay return postage.

To order materials, phone or e-mail RiSE librarian Judy Bower:

408-727-5775; [judy.bower@pbp.com](mailto:judy.bower@pbp.com).

Go to [www.pbp.com/services/libraries](http://www.pbp.com/services/libraries) to view additional library holdings.

### General Transition

#### *Transition Education and Services for Adolescents with Disabilities*

Patricia L. Sitlington, Gary M. Clark, and Oliver P. Kolstoe. Boston, MA: Allyn & Bacon. 2000. 422 pages.

This book addresses the transition of individuals with mild and moderate disabilities to all aspects of adult life, including employment, future living, and postsecondary education.

Call #23070.

#### *The Transition Handbook: Strategies High School Teachers Use That Work!*

Carolyn Hughes and Erik Carter. Baltimore, MD: Paul H Brookes Publishing. 2000. 416 pages. In this handbook, the authors have compiled more than 500 research-based, teacher-tested, transition-support strategies for teachers, employment specialists, families, and students. Call #22553 and 22661.

### College

#### *Unlocking Potential: College and Other Choices for People with LD and AD/HD*

Juliana M. Taymans, Lynda L. West, and Madeline Sullivan, eds. Bethesda, MD: Woodbine House, 2000. 386 pages. Written by a team of over 20 professionals in the field of transition, this book is written for high school students with learning disabilities who are preparing for life after graduation. It explains how young adults can develop a transition plan, self-advocate, make educational choices, select and apply to appropriate schools, choose courses, improve organizational and study skills, find employment, and seek accommodations, counseling, and disability services. Call #23571.

### School to Work

#### *Doing Whatever It Takes: All Means All (School-to-Work Awards)*

University of Minnesota College of Education and Human Development. Minneapolis, MN: University of Minnesota. 2000. 144 pages. In this resource guide, the "All Means All School-to-Work" project shares the profiles of 27 outstanding programs and organizations that are ensuring that "all means all" for students with disabilities when it comes to transition. Call #23248.

#### *From the Classroom to the Workplace Volume I: Grocery, Retail and House-keeping; Volume II: Restaurant, Office/Clerical*

Juanita Pritchard and Karla Stone. Solana Beach, CA: Mayer-Johnson. 2001. 295 pages. These two volumes offer teachers activities that introduce students to situations from the working world. Both books provide realistic approaches to learning and teaching vocational skills for a range of levels, and they include recommendations for customizing activities to help students develop independence. The books include objectives, IEP goals, evaluation forms, calendars of skills, sample letters to parents, activities, follow-up worksheets, and more.

Volume I: Call #23503.

Volume II: Call #23504.

#### *Learning a Living: A Guide for Planning Your Career and Finding a Job for People with Learning Disabilities, Attention Deficit Disorder and Dyslexia*

Dale Brown. Bethesda, MD: Woodbine House. 2000. 340 pages. Written for people with learning disabilities, this career guide is authored by someone with firsthand experience. It explores

ways for young adults to find employment that emphasizes their strengths and minimizes the effects of their disability. Call #22945.

### Transition and the Law

#### *Individuals with Disabilities*

#### *Education Act: Transition Requirements. A Guide for States, Districts, Schools, and Families*

Jane Storms, Ed O'Leary, and Jane Williams. Minneapolis, MN: University of Minnesota. 2000. 106 pages. This monograph is designed to clarify the transition requirements of the Individuals with Disabilities Education Act (IDEA) and suggests practices for implementing those requirements. The intended audience is broad: state, district, and school personnel; families and postsecondary institutions. Call #14463.

### Videos

#### *A+ Guide to Transitions: From High School to College in Special Education*

Grace Hanlon. Fair Haven, NJ: Edvantage Media, 2000. 30 min. Throughout this video, teachers, parents, and school administrators describe the transition process and offer their best advice for making it a positive experience. The video features students with disabilities who are planning to go to college, as well as college students with disabilities who have successfully made the transition from high school to college life. Call #23490.

#### *It's Your Future*

California Department of Education. Sacramento, CA: CDE Press. 2001. 23-minute video and 7-page lesson plan. These resources demonstrate to students the importance of using a transition plan to prepare for life after high school. Call #23788 and 23789.